

Sunrise Lunch Menu

Tapas

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| Grilled Halloumi (v) - <i>Grilled Halloumi cheese</i> | £3.90 |
| Mini Chicken Skewers - <i>Succulent cubes of chicken on skewers</i> | £3.90 |
| Lamb Kofta with yogurt dip - <i>Char-grilled lamb mince skewers with yogurt dip.</i> | £3.90 |
| Hummus and Pitta Bread (v) - <i>Blended chickpeas mixed with tahini, olive oil, lemon juice and garlic served with pitta bread.</i> | £3.90 |
| Borek (v) - <i>Feta cheese, parsley and filo pastry.</i> | £3.90 |
| Sucuk - <i>Sausages marinated with garlic and grilled.</i> | £3.90 |
| Ezme Salata (v) - <i>Finely chopped tomatoes, cucumbers, green peppers, red onions and parsley with lemon juice.</i> | £3.90 |
| King Prawns - <i>King Prawns marinated with garlic and Mediterranean herbs.</i> | £4.20 |
| Fish Cakes - <i>Fillet of salmon minced with Thai and Mediterranean herbs.</i> | £3.90 |
| Calamari - <i>Calamari rings with home-made dipping sauce.</i> | £3.90 |
| Aubergine Ratatouille (v) - <i>Delicious stewed aubergine, tomatoes and pepper.</i> | £3.90 |
| Falafel (v) - <i>Original Syrian falafel served with Tahini sauce.</i> | £3.90 |
| Salmon Pastry - <i>Small parcels of filo pastry filled with salmon and fresh herbs.</i> | £3.90 |

Light Bites

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| Soup of the Day (v) - <i>Served with a freshly baked bread roll.</i> | £3.50 |
| Sunrise Club or Wrap - <i>A great hot sandwich with flame-grilled chicken, savoury vegetables and melted cheese. Served on either a baguette or a tortilla.</i> | £5.00 |
| Lamb Souvlaki - <i>Marinated lamb, grilled and served with flat bread, yogurt sauce, salad and chips.</i> | £6.50 |
| Cheese Souvlaki (v) - <i>Goats and halloumi cheese, grilled and served with flat bread, yogurt sauce, salad and chips.</i> | £5.00 |
| Veggie Souvlaki (v) - <i>Aubergine ratatouille served with flat bread, rice, salad and chips.</i> | £5.00 |
| Seafood Souvlaki - <i>Marinated monkfish and king prawns served with flat bread, yogurt sauce, salad and chips.</i> | £6.50 |
| Chef's Souvlaki - <i>Grilled halloumi cheese and sucuk sausage served with flat bread, yogurt sauce, salad and chips.</i> | £6.50 |

Salads

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| Grilled Salmon Salad - <i>Crunchy mixed salad topped with flaked, grilled salmon and a dash of lemon dressing.</i> | £6.00 |
| Tuna Salad - <i>Crunchy mixed salad with tuna fish.</i> | £5.00 |
| Chicken and Avocado Salad - <i>Crunchy mixed salad served with chicken and fresh avocado, lightly dressed and seasoned.</i> | £6.00 |
| Caesar Salad - <i>Crunchy mixed salad with seasoned chicken. Topped with Caesar dressing and herb croutons.</i> | £6.00 |
| Greek Salad (v) - <i>Tossed cucumber, tomatoes, red onion and green pepper, topped with a light oil dressing, feta cheese and olives.</i> | £5.00 |



Main Meals

Sunrise Grill

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| Sunrise Special - | £14.50 |
| <i>Layer of char-grilled chicken, lamb shish kebab, lamb chops and lamb kofte. Served on pitta bread with rice, side salad and flavoured yogurt dip.</i> | |
| Chicken Kebab - | £9.00 |
| <i>Marinated cuts of chicken, skewered with baby onion, tomato and pepper, grilled and served on a bed of rice.</i> | |
| Lamb Kebab - | £9.00 |
| <i>Marinated cuts of lamb, skewered with pepper, baby onion and wild rosemary, grilled and served on a bed of rice.</i> | |
| Lamb Chops - | £9.00 |
| <i>Marinated lamb chops, grilled and served with rice and side salad.</i> | |
| Sirloin Steak - | £14.50 |
| <i>10oz sirloin steak, served with sauce mushrooms and onion. Comes with French fries and a side salad.</i> | |

Luxury Burgers

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| Cajun Chicken Burger - | £6.50 |
| <i>Sliced chicken breast, marinated with Cajun spice, grilled and served on an open bun with tomato salsa and fries.</i> | |
| Veggie Burger (v) - | £5.50 |
| <i>A tasty veggie burger containing bulgur wheat, onion, garlic, chickpeas and black pepper. Served on an open bun with tomato salsa and fries.</i> | |
| Cheese Burger (v) - | £6.00 |
| <i>A delicious marinated goats cheese and Halloumi cheese burger served on an open bun with salad garnish and fries.</i> | |
| Sunrise Lamb Burger - | £6.50 |
| <i>Lamb burger with goats cheese, served on an open bun with salad and fries.</i> | |
| Tuna Burger - | £6.50 |
| <i>A delicious marinated tuna steak served on an open bun with salad garnish and fries.</i> | |
| Classic Steak Burger - | £7.00 |
| <i>Fillet of steak, grilled and served on an open bun with salad and fries.</i> | |

Side Orders

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| Fries (v) - | £1.75 |
| Garlic Bread with Mozzarella (v) - | £1.75 |
| Rice (v) - | £2.00 |
| Crispy Potatoes (v) - | £2.50 |
| Onion Rings (v) - | £2.50 |
| Side Salad (v) - | £2.50 |

(v) suitable for vegetarians

Chef's Specials

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| Chicken Mozzarella Asparagus - | £9.00 |
| <i>Breast of chicken marinated and baked in the oven with asparagus and mozzarella, served with rice.</i> | |
| Karniyarik - | £9.00 |
| <i>Roasted aubergine filled with mince meat, onion, tomatoes and Mediterranean fresh herbs. Served with side salad and rice.</i> | |
| Sunrise Kebab - | £9.00 |
| <i>Mince lamb and fresh herb skewers cooked in the oven in special Sunrise home-made sauce. Served with rice.</i> | |
| Lamb Mousakka - | £9.00 |
| <i>Minced lamb mousakka served with garlic bread and rice.</i> | |
| Stews | |
| Lamb Guvech - | £9.00 |
| <i>Diced lamb simmered with Mediterranean vegetables, served with rice and garlic bread.</i> | |
| Seafood Guvech - | £9.00 |
| <i>Marinated monkfish and king prawns, served with rice and garlic bread.</i> | |

Vegetarian Specials

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| Fresh Tagliatelle (v) - | £7.00 |
| <i>Fresh Egg Tagliatelle served with garlic, olive oil, fresh basil, mozzarella balls and tomatoes.</i> | |
| Moussaka (v) - | £7.00 |
| <i>Vegetarian moussaka served with garlic bread and rice.</i> | |
| Halloumi Kebab (v) - | £7.00 |
| <i>Halloumi cheese and mixed vegetable skewers, char-grilled and served with pitta bread and rice.</i> | |
| Karniyarik (v) - | £7.00 |
| <i>Roasted aubergine filled with onion, tomatoes and fresh Mediterranean herbs. Served with side salad and rice.</i> | |

Seafood

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| Salmon Marroo - | £9.00 |
| <i>Baked salmon fillet marinated with seasoning. Served with new potatoes, rice and side salad.</i> | |
| Cod with Crispy Potatoes - | £9.00 |
| <i>A fillet of cod cooked in the oven with cherry tomatoes, a splash of olive oil and freshly chopped chives. Served with crispy potato wedges and a side salad.</i> | |
| Grilled Tuna Steak with Mango - | £9.00 |
| <i>A meaty tuna steak, grilled and marinated with a mango salsa. Served with rice, boiled potatoes and side salad.</i> | |
| Monkfish and Prawn Kebabs - | £9.00 |
| <i>Marinated prawns and Scottish monkfish, char-grilled with Mediterranean vegetables, served with rice and a side salad.</i> | |