

# Starters

All dishes are available for takeaway.

<b>Home-made Soup of the Day -</b> <i>Served with a freshly baked bread roll.</i>	<b>£3.90</b>	<b>Peynirli Borek (v) -</b> <i>Small parcels of filo pastry filled with feta cheese and parsley.</i>	<b>£4.20</b>
<b>Ezme Salata (v) -</b> <i>Finely chopped tomatoes, cucumbers, green peppers, red onions and parsley with lemon juice.</i>	<b>£3.90</b>	<b>Halloumi (v) -</b> <i>Grilled Halloumi cheese</i>	<b>£4.20</b>
<b>Salmon Pastry -</b> <i>Small parcels of filo pastry filled with salmon and fresh herbs.</i>	<b>£4.20</b>	<b>Calamari -</b> <i>Calamari rings with home-made dipping sauce.</i>	<b>£4.20</b>
<b>King Prawns -</b> <i>King Prawns marinated with garlic and Mediterranean herbs.</i>	<b>£4.20</b>	<b>Aubergine Ratatouille (v) -</b> <i>Delicious stewed aubergine, tomatoes and pepper.</i>	<b>£4.20</b>
<b>Fish Cakes -</b> <i>Fillet of salmon minced with Thai and Mediterranean herbs.</i>	<b>£3.90</b>	<b>Lamb Kofte -</b> <i>Char-grilled lamb mince skewers with yogurt dip.</i>	<b>£4.20</b>
<b>Hummus (v) -</b> <i>Blended chickpeas mixed with tahini, olive oil, lemon juice and garlic.</i>	<b>£3.90</b>	<b>Falafel (v) -</b> <i>Original Syrian falafel served with tahini sauce.</i>	<b>£4.20</b>
<b>Chicken Skewers</b> <i>Succulent cubes of chicken on skewers</i>	<b>£4.20</b>	<b>Sucuk Izgara -</b> <i>Grilled garlic sausages with salad.</i>	<b>£4.20</b>

## Salads

<b>Grilled Salmon Salad -</b> <i>Crunchy mixed salad topped with flaked, grilled salmon and a dash of lemon dressing.</i>	<b>£7.00</b>
<b>Chicken and Avocado Salad -</b> <i>Crunchy mixed salad served with chicken and fresh avocado, lightly dressed and seasoned.</i>	<b>£6.50</b>
<b>Caesar Salad -</b> <i>Crunchy mixed salad with seasoned chicken. Topped with Caesar dressing and herb croutons.</i>	<b>£6.50</b>
<b>Tuna Salad -</b> <i>Crunchy mixed salad with tuna fish.</i>	<b>£6.50</b>
<b>Greek Salad (v) -</b> <i>Tossed cucumber, tomatoes, red onion and green pepper, topped with a light oil dressing, feta cheese and olives.</i>	<b>£5.50</b>

## Side Orders

<b>Fries (v) -</b>	<b>£2.50</b>
<b>Garlic Bread with Mozzarella (v) -</b>	<b>£3.00</b>
<b>Side Salad (v) -</b>	<b>£3.00</b>
<b>Onion Rings (v) -</b>	<b>£3.00</b>
<b>Crispy Potatoes (v) -</b>	<b>£2.50</b>
<b>Rice (v) -</b>	<b>£2.50</b>

# Mains

## Sunrise Grill

<b>Sunrise Special -</b> <i>Layer of char-grilled chicken, lamb shish kebab and lamb kofte. Served on pitta bread with rice, side salad and flavoured yogurt dip.</i>	<b>£14.50</b>
<b>Chicken Kebab -</b> <i>Marinated cuts of chicken and roasted peppers served with rice, salad, pitta bread and yoghurt dip.</i>	<b>£10.90</b>
<b>Sucuk Kebab -</b> <i>Grilled garlic sausages and roasted peppers, served with rice, salad and pitta bread.</i>	<b>£10.90</b>
<b>Lamb Kebab -</b> <i>Marinated cuts of chicken and roasted peppers served with rice, salad and pitta bread.</i>	<b>£11.95</b>
<b>Lamb Chops -</b> <i>Marinated lamb chops, grilled and served with rice and side salad.</i>	<b>£11.95</b>
<b>Sirloin Steak -</b> <i>10oz sirloin steak, served with sauce, mushrooms and onion. Comes with French fries and a side salad.</i>	<b>£14.50</b>

## Seafood

<b>Salmon Maroo -</b> <i>Baked salmon fillet marinated with seasoning. Served with new potatoes, rice and side salad.</i>	<b>£12.00</b>
<b>Cod with Crispy Potatoes -</b> <i>A fillet of cod cooked in the oven with cherry tomatoes, a splash of olive oil and freshly chopped chives. Served with crispy potato wedges and a side salad.</i>	<b>£12.00</b>
<b>Grilled Tuna Steak with Mango -</b> <i>A meaty tuna steak, grilled and marinated with a mango salsa. Served with rice, boiled potatoes &amp; side salad.</i>	<b>£12.00</b>

## Guvech Specials

<b>Stews</b>	
<b>Lamb Guvech -</b> <i>Diced lamb simmered with Mediterranean vegetables, served with rice and garlic bread.</i>	<b>£10.90</b>
<b>Seafood Guvech -</b> <i>Marinated monkfish and king prawns, served with rice and garlic bread.</i>	<b>£12.00</b>

**2 courses £11.95**  
(Starter & Main)

**Sunday to Thursday**

£4 supplement for the Sirloin Steak or Sunrise Special

## Vegetarian Specials

<b>Fresh Tagliatelle (v) -</b> <i>Fresh Egg Tagliatelle served with garlic, olive oil, fresh basil, mozzarella balls and tomatoes.</i>	<b>£8.95</b>
<b>Moussaka (v) -</b> <i>Vegetarian moussaka served with garlic bread and rice.</i>	<b>£8.95</b>
<b>Halloumi Kebab (v) -</b> <i>Halloumi cheese and mixed vegetable skewers, char-grilled and served with pitta bread and rice.</i>	<b>£8.95</b>
<b>Karniyarik (v) -</b> <i>Roasted aubergine filled with onion, tomatoes and fresh Mediterranean herbs. Served with side salad and rice.</i>	<b>£8.95</b>

## Chef's Specials

<b>Chicken Mozzarella Asparagus -</b> <i>Breast of chicken marinated and baked in the oven with asparagus and mozzarella, served with rice.</i>	<b>£10.90</b>
<b>Karniyarik -</b> <i>Roasted aubergine filled with mince meat, onion, tomatoes and Mediterranean fresh herbs. Served with side salad and rice.</i>	<b>£10.90</b>
<b>Sunrise Kebab -</b> <i>Mince lamb and fresh herb skewers cooked in the oven in special Sunrise home-made sauce. Served with rice.</i>	<b>£10.90</b>
<b>Lamb Mousakka -</b> <i>Minced lamb mousakka served with garlic bread and rice.</i>	<b>£10.90</b>

Sunrise Mediterranean is a licensed restaurant and serves a full range of hot, soft and alcoholic drinks.

Our restaurant is available for large party bookings and full restaurant hire.

## KIDS MENU

**MAIN COURSE,  
DRINK & DESSERT  
£6.00**

### Main Course

Penne Pasta (v)  
Pizza Margherita with chips (v)  
Fish Fingers with chips  
Chicken nuggets with chips  
Sausage and mashed Potato

### Drink

Blackcurrant cordial  
Orange cordial

### Dessert

Ice Cream  
(Chocolate, Vanilla)

(v) suitable for vegetarians